



SANDYBROOK COUNTRY PARK OFF PEAK WINTER TIMETABLE

Want to try an activity not listed on the timetable today? Ask a member of the team at the Go Active Lodge - if we can run it, we will!

	Tuesday	Thursday	GO	Saturday	Sunday	
<p>Sandybrook Country Park</p> <p>Go Active provides a range of fun activities that the whole family can enjoy.</p> <p>Activities are delivered by our qualified instructors who will ensure you not only learn a great new skill but also have a fantastic time.</p>	09:30 - 10:30 Robin Hood & Maid Marian	09:00 - 10:00 Crossbow	<p>To make a booking or for more information please telephone 01335 300 000.</p> <p>Bookings need to be made in advance.</p>	10:30 - 11:30 Pirates & Princesses	09:00 - 10:00 Crossbow	
	11:30 - 12:30 BodyZorbing	10:30 - 11:30 Snorkelling & Seascooters		12:00 - 13:00 Fencing	12:00 - 13:00 BodyZorbing	10:30 - 11:30 Snorkelling & Seascooters
		12:00 - 13:00 Fencing				12:00 - 13:00 Fencing
		14:00 - 15:30 Archery				14:00 - 15:30 Archery
		16:00 - 17:00 WaterWalkerz				16:00 - 17:00 WaterWalkerz

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**To make a booking please telephone
01335 300 000**

Alternatively speak to a member of the GO Active team at the GO Active lodge.



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Go Juniors are activities that are specially designed for 3-7 year olds and will develop a range of skills in a fun and enjoyable environment. Activities last for 1 hour and cost £5 per child. Adult supervision is required.

Pirates & Princesses: Enjoy a range of craft activities and find the stolen royal treasure in this swashbuckling adventure!
Robin Hood & Maid Marian: A fun selection of craft activities and target practice with our junior bow and arrows.



Go Active sessions are for older children and adults who will be trained by our qualified instructors. Adult supervision of under 14s is required.

Archery: Learn how to shoot a bow with accuracy and hit the gold with ease! Age: Over 7 years Price: £12 Duration: 1.5 hours
BodyZorbing: Have fun in a giant inflatable ball. Age: Over 6 years (max weight is 14 stone) Price: £8 Duration: 1 hour
Crossbow: A range of fun activities that will test how precisely you can shoot. Age: Over 12 years Price: £10 Duration: 1 hour
Fencing: Learn fancy footwork and sword skills in this fast paced sport. Age: Over 7 years Price: £8 Duration: 1.5 hours
Snorkelling & Sea Scooters: Learn to snorkel and use our diving sea scooters. Age: Over 9 years Price: £10 Duration: 1 hour
WaterWalkerz: Learn to walk on water in one of our giant inflatable balls. Age: Over 5 years (max weight is 14 stone) Price: £5

To make a booking please telephone **01335 300 000** or email goactive@sandybrook.co.uk
Sandybrook Country Park, Buxton Road, Ashbourne, DE6 2AQ



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